



N.B. To give to your pharmacist or doctor.

## **VITOLI CARDIOVASCULAR - PRECAUTIONS**

### **Side effects**

The various ingredients of Vitoli CARDIOVASCULAR present little particular or serious toxicity at the doses included in the formulation. However, some users have reported side effects such as a slight risk of headache, gastrointestinal effects (nausea, abdominal discomfort, diarrhea). Rare users may experience allergic skin reactions.

However, the clinical information currently available shows that Vitoli CARDIOVASCULAR has a reassuring side-effect profile.

### **Contraindications**

Vitoli CARDIOVASCULAR should be avoided:

Although the cases reported are anecdotal, as a precautionary measure it could be avoided in epileptic patients on anticonvulsants (folic acid)

### **Precaution**

- In patients taking LEVODOPA (Pyridoxine); an interaction should be considered if more than 50 mg of vitamin B6 is taken and the product contains 25 mg per dose.
- It is also contraindicated in anticoagulated patients taking Warfarin (Coenzyme Q10); an interaction should be considered if more than 1000 mg of co-enzyme Q10 is taken and the product contains 100 mg per dose.

### **Interaction**

- Possible increase in the effect of certain antihypertensives (\*5)
- Possible increase or decrease in the effect of Warfarin (\*6 and \*7)
- Possible increase in the effects of Theophylline- -Possible decrease in the effect of certain anticonvulsants (Hydantoin, phenobarbital, primidone)
- The product should not be used in patients undergoing anticancer therapy as a precaution (\*4)

### **Pregnancy and breast-feeding**

Based on available information, Vitoli CARDIOVASCULAR should not be taken during breast-feeding, and should be avoided as a precaution during pregnancy.

### **Warning**

As the content of medicinal plants varies naturally from one plant to another, there are many variations in the composition of ingredients available for the same product from one brand to another. It is therefore strongly recommended to use quality products, which are standardized to contain sufficient quantities of active substances for each plant, thus ensuring their efficacy. If you are taking prescription medication and have any doubts, check with your pharmacist that it is compatible with Vitoli CARDIOVASCULAR before taking it.

*There is always the possibility of hypersensitivity (e.g. allergy) to one of the ingredients in the preparation. In such a case, we recommend discontinuing use and consulting a health care professional if serious allergy symptoms persist.*

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