N.B.: To give to your pharmacist or doctor.

VITOLI PROSTATE - PRECAUTIONS

Side Effects

The various ingredients of the Vitoli PROSTATE product show little particular or serious toxicity. However, some consumers who have used products containing some of the ingredients that are also within the Vitoli PROSTATE product have already reported some side effects such as nausea, vomiting, diarrhea, constipation, fatigue, headache, decreased libido, increased sweating, and rash.

The information currently available to us, however, shows us that the Vitoli PROSTATE product has a combined efficacy with a reassuring side effect profile.

It is always possible that hypersensitivity (e.g. allergy) to one of the ingredients of the preparation may occur. In such a case it is recommended to discontinue use and consult a healthcare professional if serious allergy symptoms persist.

Contraindications

It would be wise to recommend to patients not to use the product in the days preceding surgery (2 weeks), considering the possible anticoagulant/antiplatelet effect of certain ingredients of the formulation, and therefore an increased risk of bleeding.

Interactions

Although we consider this risk to be minimal, in theory, this product could increase the bleeding time, therefore increasing the risk of bleeding or hemorrhage. Consequently, in patients using oral anticoagulants, INR monitoring would be recommended when initiating and stopping treatment.

Pregnancy and Breastfeeding

It is contraindicated to use this product during pregnancy and lactation.

Caution

The content of medicinal plants naturally varies from one plant to another, and there are many variations in the composition of the ingredients available for the same product from one brand to another. It is therefore strongly recommended to use quality products, those of which should be standardized to contain sufficient quantities of active substances for each plant, which ensures their effectiveness.

André Perreault, Pharmacist Professional services Idunn Technologies

Revised by Jean-Yves Dionne, Académie de l'apothicaire (www.apothicaire.ca)

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